



PARTICIPATION WAIVER AND RELEASE

Name of individual:	_____ "you" [Print First and Last Name]
Address of individual:	_____ _____ [Print Address]
Telephone number of individual:	_____ [Print Preferred Contact Telephone Number + Country Code]
Event: - Date: - Location:	NFL Academy Workout 3 February 2024 Porvoo FINLAND
Emergency contact details: <i>This data will only be used in case of an emergency</i>	_____ [Print First and Last Name] _____ [Indicate Relationship to Participant] _____ [Print Preferred Contact Telephone Number]
Event Organisers:	NFL International Limited ("NFL") 8 th Floor, 30 Panton Street, London SW1Y 4AJ and Loughborough College Radmoor Road, Loughborough, England, LE11 3BT NFL@loucoll.ac.uk

This Participation Waiver and Release is entered into between (i) you, and (ii) the Event Organisers and each of their, affiliates, partners, sponsors, vendors, directors, officers, employees, volunteers, members, agents, contractors, contracted entities and facilities (collectively referred to in this document as “Us” or “Our”).

In exchange for allowing you to participate in the Event, you agree as follows:

1. *Participation in the activities at the Event, which may include but is not limited to warm-up, training, demonstrations, practice, games, clinics, travel, and social events (referred to in this document as the “Activities”), may include participation in a full-contact sport and can be **DANGEROUS**. Therefore, such Activities require good health and fitness. **By signing this document, you acknowledge this danger and are agreeing that your health and fitness is good enough to participate in the Activities.** If at any time you believe conditions at the Event to be unsafe, or you feel you are no longer in good enough health, or fit enough, to participate, you agree to immediately discontinue your participation in the Activities.*
2. *Participation in the Activities is likely to expose you to **RISKS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH**. Risks may arise out of contact and/or participation with other participants, spectators, equipment, field, facility and/or fixed objects; falls, collisions, rough play, and other mishaps; exposure to adverse weather conditions; flaws and defects in equipment and facilities; irregular field conditions; and/or poor field maintenance. Risks may be caused by your own actions, or inaction, the actions or inaction of other participants or of Us, and/or the condition of the facilities in which the Activities take place. Some risks cannot be predicted or controlled. **By signing this document, you acknowledge these risks.***
3. *To the extent permitted by applicable law, you agree, on behalf of yourself, your parents or guardian, and your representatives, not to hold any of Us responsible, including agreeing not to make a claim against any of Us, for any liabilities, losses, expenses (including medical expenses), damages (including any direct, indirect, special, consequential or incidental damages), legal fees and/or costs howsoever arising, including whether in tort (including negligence), statute and/or contract, as a result of or in connection with your participation in the Event and the Activities, including:*
 - 3.1 *for any personal injury or death as a result of the risks listed in paragraph 2 (e.g. poor field maintenance, flawed equipment, contact with other participants); and*
 - 3.2 *for any damage to, loss of, or theft of your property whilst you participate in the Event.*
4. *Nothing in this document limits or excludes Our liability for death or personal injury caused by Our negligence.*
5. *This document is intended to be as broad and inclusive as permitted by law. If portion of this document is determined to be invalid, the remainder will continue in full legal force and effect.*
6. *This agreement and any disputes or claims arising out of or in connection with it (including any non-contractual claims or disputes) shall be governed by the laws of England and Wales.*
7. *The courts of England shall have exclusive jurisdiction to settle any dispute or claim arising out of or in connection with this agreement or its subject matter or formation (including non-contractual disputes or claims).*

Participant's Agreement

By signing below, you agree that you have read and fully understood the contents of this document and that, prior to signing this document you have asked any questions about this document that you feel you need to.

By signing this document, you agree that you are aware of the risks involved in your participation at the Event, that you are limiting your right to bring a claim and that you assume all responsibility for your participation. You further acknowledge that you are signing this document freely and voluntarily.

Sign:

Print:

Date:

Age:

If participant is under 18 years of age: Parent/Guardian Agreement

I confirm that I am the parent or legal guardian of the above-named participant and that I have read and fully understood the contents of this document. I understand that by signing this document I am limiting my rights, including my right to bring a claim. I further acknowledge that I am signing this document freely and voluntarily.

Parent/Guardian Sign:

Parent/Guardian Print:

Date: